



## CLEVELAND COUNTY WELLNESS COMMITTEE

### MINUTES

FRIDAY, JUNE 24, 2016

9:00 a.m.

The regularly scheduled meeting of the Cleveland County Wellness Committee was called to order this 24<sup>th</sup> day of June 2016 in the conference room located at 122 E Eufaula by Chairman Harold Haralson. Tammy Belinson, County Clerk/Secretary, called roll and those present were:

Harold Haralson, Tammy Belinson, Teri Cox, Brenda Hill, George Mauldin, Jacob McHughes, John Roberts.

**Those absent were:** Jennifer Frank, Angela Mead, Carrie Welles, Alexis Verplank.

Ex-officio members present: Linda Atkins, Jennifer Slawson, Leann Clemens, Sarita Scott, Meredith Rowland, NP.

After the reading of the minutes of the Regular meeting of **May 27, 2016**, and there being no additions or corrections, Tammy Belinson moved, seconded by Jacob McHughes, that the minutes be **approved**.

The vote was: Harold Haralson, yes; Tammy Belinson, yes; Teri Cox, abstain; Brenda Hill, yes; George Mauldin, yes; Jacob McHughes, yes; John Roberts, yes.

Motion carried.

#### **A. Items of Business:**

1. John Roberts moved, seconded by Harold Haralson, to **approve the Amended Notice of Regular Meeting Schedule of the Cleveland County Wellness Committee** for 2016.

The vote was: Harold Haralson, yes; Tammy Belinson, yes; Teri Cox, yes; Brenda Hill, yes; George Mauldin, yes; Jacob McHughes, yes; John Roberts, yes.

Motion carried.

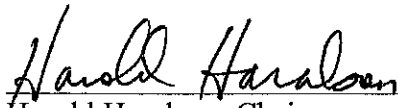
2. George Mauldin discussed that the **County Wellness Gym Facility** is making progress. The floor will be down in the coming week and after that the equipment installed.

3. During discussion on the **Exercise Program Update**, George Mauldin said that sometime in the next few months he will have his personal trainer's certification and can prescribe exercise routines.
  4. George Mauldin had no new updates on **Biometrics**.
  5. George Mauldin reported that nothing has changed from last meeting regarding the **CPR Certification**. He will try to start scheduling classes in August.
  6. Meredith Rowland, NP, said that the **Employee Health Clinic** is going well as they continue to see more employees. The Wellness Challenge is nearing the end and look forward to see how that will turn out.
  7. George Mauldin said that Aley Cristelli presented the county's request for more signs to **T set**. T set denied the request because they will not make any more signs for the county that says no tobacco without the word no vaps. The county will bear the cost for changing the signs if ordered.
  8. Harold Haralson said that the county has chosen Gallagher to represent them in the process for **Health Insurance**. Tammy Belinson said that Todd Gibson has expressed interest in being a part of the Insurance Committee. Chairman Haralson said that he will include him in the emails.
  9. Chairman Haralson said that the **Cleveland County Health Fair** Scheduled for September 28, 2016, is coming up quick and will set up meetings with the Health Department and Brenda Hill. Tammy Belinson said that Oklahoma Breast Care confirmed that they will be there. Some food vendors will be at the Health Fair as well. The same committee will oversee consisting of Tammy Belinson, John Roberts and Teri Cox.
  10. The **Mission Statement** for the Wellness Committee is still under review until the next meeting.
- B.** Under **new business** discussion was had that Med-Incentive is asking for an opportunity to present if the county goes out on their own for insurance and sent confirmation they will attend the Health Fair.
- C.** Wellness Committee Members discussion regarding **Business** was had concerning the contract with Yeaman's Signature Health Clinic. OSU Director Brenda Hill shared about health programs they have used in promoting a healthier lifestyle. Out of one hundred and thirty-three ladies a total of six hundred and seventy-seven pounds was lost.
- D.** No comments from the public were made.

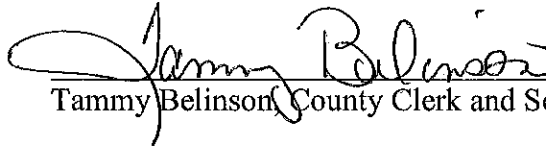
- E. There being no further business to come before the Board, John Roberts moved that the meeting be **adjourned** at approximately 9:28 am. Tammy Belinson seconded the motion. The vote was: Harold Haralson, yes; Tammy Belinson, yes; Teri Cox, yes; Brenda Hill, yes; George Mauldin, yes; Jacob McHughes, yes; John Roberts, yes.  
Motion carried

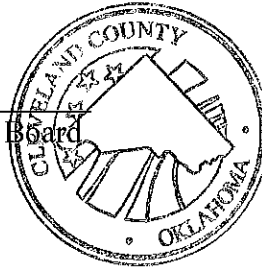
(Clerk's Note: Agenda was posted on June 21, 2016 @ 3:33 pm.)

**Cleveland County Wellness Committee**  
CLEVELAND COUNTY, OKLAHOMA

  
\_\_\_\_\_  
Harold Haralson, Chairman

ATTEST:

  
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Tammy Belinson, County Clerk and Secretary to the Board



Minutes Prepared by:   
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Deputy County Clerk